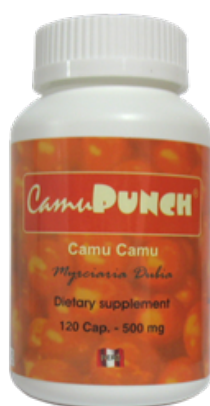


Vitamine C and Camu Camu :

Food	Vitamin C content
Camu Camu (100g)	2700mg
Acerola (100g)	1000 mg
Rose hips berry(100g)	750 mg
Seabuckthorn (100g)	700 mg
Guava (100g)	200 mg
Cassis (100g)	200 mg
Red bell pepper (100g)	190 mg
Parsley (100g)	170 mg
Orange juice (250ml)	100 mg
Green pepper (100g)	90 mg
Kiwi (100g)	80 mg
Goji berry (100g)	79 mg
Broccoli cooked (100g)	75 mg
Cauliflower (100g)	60 mg
Brussels sprouts cooked (100g)	60 mg
Strawberries (100g)	55 mg
Cress (100g)	55 mg
Orange - Lemon (100g)	53 mg
Spinach cooked (100g)	51 mg

The recommended daily intake for vitamin C is 60 mg (= 4.4 capsules) for an adult, but in case of special needs, such contributions can be largely increased.



Properties CamuPUNCH:

- **CamuCamu is the fruit that contains the highest natural Vitamin C content creation.** (More than Acerola, the Rosehip, Sea Buckthorn, much more than the Goji berry or kiwis ...)
- **Virtues challenging periods of growth or fatigue.**
- **Excellent Antioxidant / Anti-free radicals** (It regenerates vitamin E which is the major antioxidant membrane).
- **It promotes the intestinal absorption of iron.** (To take along any iron supplementation).
- **Natural vitamin C does not interfere with sleep.**

Posologie : 1 à 3 gélules quotidiennement. Il est possible d'en augmenter les doses si vous en ressentez le besoin.

Compare !

**Our CamuPUNCH is sold at a discount price :
120 capsules of 500 mg of pure Camu Camu for only frs 19.-**